

# MEET SCHEDULE

## THURSDAY, FEBRUARY 8, 2018

3:50 P.M. - BOYS' WARM-UP

5:00 P.M. - BOYS' COMPETITION

CONCLUSION OF BOYS' COMPETITION - GIRLS' WARM-UP

GIRLS' COMPETITION

200 yd. Medley Relay; **5 Minute Break**; 200 yd. Freestyle; 200 yd. Individual Medley;  
50 yd. Freestyle; **10 Minute Warm-Up**; 100 yd. Butterfly; **5 Minute Break**;  
200 yd Freestyle Relay

## FRIDAY, FEBRUARY 9, 2018

3:50 P.M. - BOYS' WARM-UP

5:00 P.M. - BOYS' COMPETITION

CONCLUSION OF BOYS' COMPETITION - GIRLS' WARM-UP

GIRLS' COMPETITION

100 yd. Freestyle; 500 yd. Freestyle; 100 yd. Backstroke;  
100 yd. Breaststroke; **10 Minute Warm-Up**; 400 yd. Freestyle Relay

## 2017 - 2018 LEAGUE STANDINGS

### BOYS

DIVISION 1	W	L	T	DIVISION 2	W	L	T
DALLASTOWN	5	0	0	YORK SUBURBAN	5	0	0
CENTRAL YORK	4	1	0	NORTHEASTERN	4	1	0
SOUTH WESTERN	2	3	0	GETTYSBURG	3	2	0
RED LION	2	3	0	DOVER	2	3	0
SPRING GROVE	2	3	0	SUSQUEHANNOCK	1	4	0
NEW OXFORD	0	5	0	WEST YORK	0	5	0

### GIRLS

DIVISION 1	W	L	T	DIVISION 2	W	L	T
CENTRAL YORK	5	0	0	YORK SUBURBAN	5	0	0
DALLASTOWN	4	1	0	NORTHEASTERN	4	1	0
SPRING GROVE	3	2	0	DOVER	3	2	0
SOUTH WESTERN	2	3	0	SUSQUEHANNOCK	2	3	0
NEW OXFORD	1	4	0	WEST YORK	1	4	0
RED LION	0	5	0	GETTYSBURG	0	5	0

# **TEAM PERSONNEL**

## **CENTRAL YORK**

Head Coach: James Gingerich

Assistant Coach: Heather Kincaid

Diving Coach: Keith Stair

Team Captains (Girls): Swimming - Sarah Hartman, Camryn Sopko, Diving – Kirsten Taylor

Team Captains (Boys): Swimming - Alex Forry, Diving – Nick Cappella

## **DALLASTOWN**

Head Coach: Gina McHenry

Assistant Coaches: Nina Kenney, Gwen Babcock, Chris Brockway, Courtney Dachuex

Team Captains (Girls): Lindsay O'Rourke, Abby McDermott

Team Captains (Boys): Logan Brockway

## **DOVER**

Head Coach: Richard Janosky

Assistant Coaches: Drew Becker, Lindsey Fuhrman, Ross Spangler, Michael Plappert

Diving Coach: Jen Rauhauser

Team Captains (Girls): Sophie Barnes, Grace Beierschmitt, Maddy Kinard

Team Captains (Boys): Jakub Becker, Dylan Jacobson, Drew MacDonald

## **GETTYSBURG**

Head Coach: Amanda Turner

Assistant Coaches: Kevin Hardy, Jill Herr

Team Captains (Girls): Morgan Newell, Elizabeth Balas

Team Captains (Boys): Jared Herr, Cameron Bishop, Nico DeAngelo

## **NEW OXFORD**

Head Coach: Tasha Christie

Assistant Coach: Zack Miller

Team Captains (Girls): Hailey Janocha, Morgan Richter

Team Captains (Boys): Corey Mock, Isaac Dimisa

## **NORTHEASTERN**

Head Coach: Dan Schaeberle

Assistant Volunteer Coach: Adam Ellis

Diving: Rusty McCollum

Team Captains (Girls): Alexis Moffa, Caitlyn Rau

Team Captains (Boys): Drake Myers, Drew Wilson, Noah Hake

## **RED LION**

Head Coach: Hannah Coligan  
Assistant Coaches: Callum Brandt, Jenny Aggen, Jeff Mleczeko  
Team Captains (Girls): Hailey Bradley, Sophia Carl  
Team Captains (Boys): Jacob Lorenzen, Jack Anderson

## **SOUTH WESTERN**

Head Coach: Ray Evelan  
Assistant Coach: Casey McCole  
Diving Coach: Kristin Frederick  
Team Captains (Girls): Cara Green, Mya Wherley  
Team Captains (Boys): Travis Krivitski, Ben Shoul

## **SPRING GROVE**

Head Coach: Derrick Henning  
Assistant Coaches: Kim Raub, Marion Raub  
Diving Coach: Jesse Henning  
Team Captains (Girls): Shelby Alwine, Mackenzie Miller, Kirstyn Wonder, Bryn Sporer  
Team Captains (Boys): Collin Ruby, Josiah Kline

## **SUSQUEHANNOCK**

Head Coach: Brian Wingert  
Assistant Coach: Sadie Leslie, Haleigh Noldon, Samantha Leslie, Micah Metzel  
Team Captains (Girls): Molly Hogan, Hannah Munch, Katlyn Bear  
Team Captains (Boys): Nate Hunsinger, Andrew Ferg, Matt Keuler

## **WEST YORK**

Head Coach: Nicole Flowers  
Assistant Coach: Brian Butler  
Assistant Volunteer Coaches: Thom Landis, Len Sarver, Rusty McCollum  
Team Captains (Girls): Swimming – Maddi Stoner, Diving - Maya Sarver  
Team Captains (Boys): Kieran McKee

## **YORK SUBURBAN**

Head Coach: Craig Brennan  
Assistant Coaches: Richard Guyer, Hope Kowalewski, Evaristo Gonzalez  
Team Captains (Girls): Alexis Bowen, Josie Pemberton, Keelie Walker  
Team Captains (Boys): Raven Alwine-Frank, Aidan Fryar, Alex Patterson

**2018 DISTRICT SWIMMING QUALIFYING GUIDELINES**

<b>EVENT</b>	<b>GIRLS AA</b>	<b>GIRLS AAA</b>	<b>BOYS AA</b>	<b>BOYS AAA</b>
200 Medley Relay	1:58.27 (16)	1:51.72 (16)	1:45.35 (16)	1:39.98 (16)
200 Freestyle	2:03.57 (24)	1:58.13 (32)	1:51.42 (24)	1:47.45 (32)
200 Individual Medley	2:20.13 (24)	2:15.94 (32)	2:11.83 (24)	2:03.82 (32)
50 Freestyle	25.63 (24)	24.96 (32)	23.25 (24)	22.36 (32)
100 Butterfly	1:05.35 (24)	1:01.30 (32)	56.06 (24)	54.53 (32)
200 Freestyle Relay	1:44.66 (16)	1:40.82 (16)	1:34.74 (16)	1:28.68 (16)
100 Freestyle	55.26 (24)	54.56 (32)	50.25 (24)	48.57 (32)
500 Freestyle	5:29.89 (24)	5:23.75 (32)	5:11.03 (24)	4:57.22 (32)
100 Backstroke	1:02.87 (24)	1:01.80 (32)	59.55 (24)	56.05 (32)
100 Breaststroke	1:12.48 (24)	1:09.22 (32)	1:05.39 (24)	1:03.34 (32)
400 Freestyle Relay	3:58.11 (16)	3:39.02 (16)	3:27.06 (16)	3:15.76 (16)

**MEETING THESE GUIDELINES GUARANTEES ENTRY**